

LED TREATMENT

Treatment Preparation

TREATMENT PREPARATION

DAILY

- A sunscreen with SPF 30 or greater should be applied to protect against UV damage.
- Follow your prescribed homecare routine as advised by your treatment provider.

2 WEEKS PRE-TREATMENT

- Avoid prescription retinol for two weeks prior.

72 hours PRE-TREATMENT

Avoid sun exposure to treated areas.

48 hours PRE-TREATMENT

- Shave the treatment area if required for male clients for optimal results.
- Avoid exercise, excessive sweating, hot showers, spas, saunas and pools (2 hours prior).

Pre-treatment preparation and post-treatment care are vital steps of your MediLUX treatments. In order to ensure a safe treatment and to get the best results, please follow all advice provided and reach out to your treatment provider if you have any questions. Failure to follow the below advice may increase the risk of undesirable effects.

IMPORTANT

Throughout your treatment course, it is important to advise your treatment provider of any of the following:

- Sun exposure or fake tan application on the treatment area within the past 4 weeks
- Any new health conditions, or if you have been unwell
- Commencing any new medication (including short term doses)
- Changes to current medications or supplements
- If you are trying to become, or become pregnant



LED TREATMENT

What to Expect

DURING THE TREATMENT

- The MediLUX LED light therapy device uses tailored lights to optimise skin health and improve imperfections; protective eyewear will be placed onto the client prior to the treatment commencing. As it is a light-based treatment, a light may be visible even with the protective eyewear on; however, most clients adjust to this light quickly.
- A moderately warm sensation may be felt on the skin as a result of exposure to light energy; this heat sensation typically resolves quickly after the treatment ends.
- A cooling fan is also used and may be heard during the treatment process.

IMMEDIATELY AFTER THE TREATMENT

- Mild skin redness (up to 60 min after the treatment).
- Under certain wavelengths (Green & Blue), temporary skin bronzing for Fitzpatrick Skin Type III and above.
- Some hyperpigmented skin lesions will temporarily darken under certain wavelengths (Green & Blue).

Aftercare

DAILY:

1. Follow your prescribed homecare routine as advised by your treatment provider.
2. Apply SPF30+ Daily
3. Avoid sun exposure to treated areas
4. Avoid exercise, excessive sweating, hot showers, spas, saunas and pools (24 hours)
5. Avoid hot showers and baths (24 hours)



IMPORTANT

- **Contact your treatment provider if you notice any unusual reactions**
- **Your treatment provider will advise your treatment schedule. It is important to adhere to this regime for best results.**
- **Maintenance treatments will be required and will be ongoing**